

## RAFT GEAR & CLOTHING CHECKLIST

### PROVIDED BY IDAHO GUIDE SERVICE – (IGS)

LIFE JACKETS  EATING UTENSILS AND PLATES

WATERPROOF BAG  FULL COURSE MEALS lunch the first day through lunch the last day

DAY BAG 8" diameter x 20" high  DRINKS ice water, lemonade, juices, 2 pops/person/day-popular mixes of regular & diet

The day bag is for items you will need access to during the day. For your sleeping gear and clothing, we will furnish you with one bag 16" diameter x 2 feet high. When properly sealed, bags are usually waterproof. Once in a while one could develop a problem, so if you have concerns, test your bags. Separate storage is provided for tents and beverages. Please remember to keep your gear light and compact . . . the less you bring, the happier you will be.

### GEAR YOU MUST BRING OR RENT FROM IGS

☺   CUP plastic mugs work well.   PONCHO/RAIN SUIT high quality important for SALMON TRIPS.

SLEEPING BAG compact and warm  SLEEPING PAD/AIR MATTRESS Compact, must fit in the bag described above.

GROUND CLOTH waterproof   LIGHT TENT back packer style, not the bulky, heavy types.

You can rent the items listed above in our sleeping rental kit. We offer two varieties, our basic sleeping kit which includes a sleeping bag, sleeping pad, ground cloth, rain gear and cup for \$40.00, or the same basic sleeping kit with a two-man tent for \$65.00. Rentals requested the morning of the trip are subject to availability.

### RECOMMENDED CLOTHING

SWIMMING SUITS ☺   SHIRT(S) short-sleeved, cotton, i.e. T-shirts

☺   SHORTS quick drying ☺   SHIRT(S) long-sleeved, cotton for sun protection

☺   LONG PANTS quick drying   SHOES keep dry for camp/hiking, i.e. durable sneakers or light weight hiking boots

☺   HAT for sun protection, with strap   SHOES to get wet while rafting, ie water sport shoes or sneakers

☺   SUN GLASSES with safety strap   SOCKS several pair, 1 cotton, 2 polypropylene or wool

☺   SUN SCREEN SPF 15 or higher   JACKET fleece or pile with wind/rain resistant shell

☺   CHAPSTICK with sun screen   LONG UNDERWEAR (optional) med. weight polypropylene/synthetic type

☺   HAND LOTION small plastic bottle ☺   BIODEGRADABLE SOAP available at outdoor specialty stores, or ivory soap

TOOTHBRUSH/PASTE ☺   INSECT REPELLENT concentrates in small bottles works best, i.e. Musk brand

COMB or BRUSH  TAMPAX/ZIPLOCK BAGS 1 bag per day

WASHCLOTH  MEDICATION Aspirin/Ibuprofen/Tylenol and personal prescriptions

☺   TRAVELTOWEL dries quick ☺   FLASHLIGHT small with extra batteries

KLEENEX small travel pack  STUFF SACK to keep wet/dry clothes separated, i.e. pillow case or plastic bag

☺   WATER BOTTLE  FISHING GEAR (optional) compact and well protected, i.e. rods in a case

☺   DISPOSABLE CAMERAS (optional)  EXTRA BEVERAGES (optional) NO GLASS PLEASE, liquor/ wine/

☺   FANNY PACK (optional) canned-beer/wine coolers/specialty pop/juice

☺   SARONG (optional)  EXTRA SNACKS (optional) for small children and people with diabetes.

DO NOT BRING glass-bottled beverages, radios, firearms, pets, and non-waterproof wristwatches. Please limit gear and clothing to no more than 15-20 lbs. **Warning:** Expensive cameras, binoculars, or other items should not be brought on your trip. In the event of a loss our insurance will not cover these items.

### EARLY OR LATE SEASONS SUPPLEMENTS (May and Sept. on all trips and in June on all Snake and Salmon trips.)

STOCKING CAP wool/polypropylene   WETSUIT BOOTIES replaces water sport shoes above

GLOVES wool/polypropylene   PILE OUTERWEAR in addition to a quality jacket, synthetic pile pants

LONG UNDERWEAR medium weight polypropylene

There is a greater chance of inclement weather on these trips which otherwise offer many advantages to the well-prepared river traveler. Polypropylene, fleece, pile, bunting, capeline, etc. are a few examples of trade names for a class of synthetic materials that retain their ability to insulate when wet (please note, cotton does not). Your comfort on the trip starts with finding the right type of synthetic under and outer-wear and quality rain gear. We recommend NRS <http://www.nrsweb.com> or Cascade Outfitter's online River Traveler stores. These stores will walk you through the basics of how to dress for success on your trip. A link to the stores can be found on our website at: [www.idahoguideservice.com](http://www.idahoguideservice.com) or

call us at 1-888-73idaho Or you CAN BUY AT IGS ONLINE STORE: <http://www.idahoguideservice.com/shopping.php>